DAY & NIGHT

VITAMINS

NAC (N-ACETYL CYSTEINE) 500 MG

An amino acid supplement to support immune system function and lung health.*

N-Acetyl Cysteine (NAC) is a non-essential, free form amino acid that is a highly stable form of cysteine.*

NAC is necessary for the production of glutathione, an antioxidant produced by the body.*

Glutathione helps the body cope with oxidative stress, which is associated with disease and improves the number and activity of immune cells within the body.*

The free radical neutralizing properties of NAC might also help it support pulmonary and cardiac function.*

NAC helps to support healthy lung tissue and the body's natural defenses including cellular health.*

NAC helps to break down mucus in the respiratory tract and helps with rebuilding of lung tissue, and helps support the activation of immune cells to support the immunity.*

NAC seems to be able to help clear mucus from the body as a result of several different mechanisms. NAC ruptures mucus disulfide bonds, which reduces mucus viscosity, and it stimulates clearance of mucus from the respiratory tract.* NAC also appears to help maintain inflammatory processes within normal ranges.*

Supplement Facts
Serving Size: 1 Capsule
Amount Per Serving

N-Acetyl Cysteine	500 mg

Other ingredients: vegetable cellulose, microcrystalline cellulose, vegetarian leucine.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, take 1 capsule, 1 – 4 times daily with food, or as directed by your healthcare practitioner.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.